

Submit to **AYAL** (Yahuah), Resist HaSatan (the Devil) and he will flee from you. Draw near to **AYAL** (Yahuah) and He will draw near to you. Cleanse your hands, you Sinners; and purify your hearts, you double-minded... Humble yourselves in the sight of **AYAL** (Yahuah), and He will lift you up. **James 4:7, 10** 

Be sober, be vigilant; because your adversary HaSatan (the Devil), as a roaring lion, walks about, seeking whom he may devour. 1 Peter 5:8

When the enemy shall come in like a flood, the Ruach (Spirit) of **3Y37** (Yahuah) shall lift up a standard against him. **Isaiah 59:19** 

And that, knowing the time, that now it is high time to awake out of sleep: for now is our Salvation nearer than when we believed. The night is far spent, the day is at hand: let us therefore cast off the works of darkness, and let us put on the Armor of LIGHT.

## Romans 13:11, 12

Fear not; for I am with you: be not dismayed; for I am your Aluah: I will strengthen you; yes, I will help you; yes, I will uphold you with the right hand of My Righteousness (OWYAL (Yahusha). Isaiah 41:10

Not by might, nor by [your] power, but by My Ruach (Spirit), says **3Y31** (Yahuah) of hosts. **Zechariah 4:6** 

Because they do not regard the works of **AYAL** (Yahuah), nor the operation of His hands, He shall destroy them and not build them up. Baruch (Blessed) be **AYAL** (Yahuah), because He has heard the voice of my supplications! **AYAL** (Yahuah) is my strength and my Shield; my heart trusts in Him, and I am helped. Therefore my heart greatly rejoices, and with my song I will Hallu (Praise) Him. **AYAL** (Yahuah) is their strength, and He is the Saving refuge of His Mashiach. Save Your people, and Barach (Bless) Your inheritance. Shepherd them also, and bear them up forever. **Psalms 28:5-9** 

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of **AYAL** (Yahuah), and we take captive every thought to make it obedient to **OWYAL** (Yahusha) HaMashiach (the Messiah). **2 Corinthians 10:3-6** 

Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded, that neither death, or life, nor divine messengers, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of **AYAL** (Yahuah), which is in **OWYAL** (Yahusha) HaMashiach (the Messiah), our Adon (Master/Lord). **Romans 8:37-38, 39** 

Without the power of the Ruach HaKodesh active in your life, you lack the main ingredient that's needed to engage in Spiritual Warfare.

Acts 1:8 declares, "But you shall receive power, after the Ruach has come upon you." Yes, you must be Baptized with the Ruach if you expect to be any threat against your opponent. For ayal (Yahuah)'s power is the only thing that HaSatan recognizes for it is the only power capable of defeating him and bringing him under subjection. This point cannot be overemphasized because many people are putting their trust in books on spiritual warfare, containers of oil, special cloths and prayer handkerchiefs when they only need to ask ayal (Yahuah) for the baptism of the Ruach. Scripture declares that our Eternal Father gives His Ruach to those who ask.

But since we are of the day, let us be sober, having put on the Breastplate of Amanah (Faith) and Ahab(v)ah (love), and as a helmet, the hope of Salvation. 1 Thessalonians 5:8

In the Word of Truth (Torah/Tanakh), in the power of **3Y32** (Yahuah); by the Weapons of Righteousness for the Right hand and the Left, **2 Corinthians 6:7** 

For the Word of **AYAL** (Yahuah) is living and active and sharper than any two (2) edged sword, and piercing as far as the division of Soul and Ruach (Spirit), of both joints and marrow, and able to Judge the thoughts and intentions of the Heart. **Hebrews 4:12** 

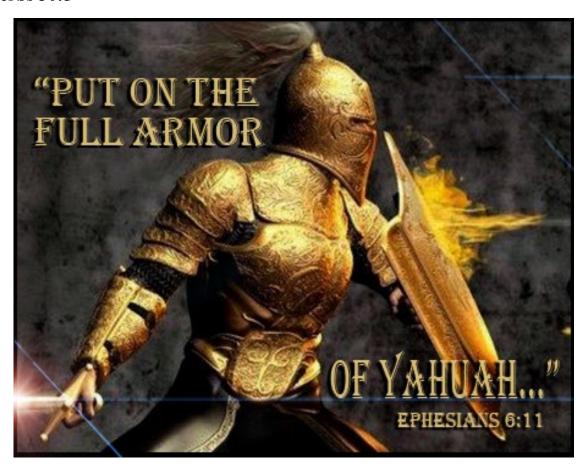
He put on Righteousness like a Breastplate, And a Helmet of Salvation on His head; And He put on garments of vengeance for clothing And wrapped Himself with Zeal as a Mantle. **Isaiah 59:17** 

Also Righteousness will be the Belt about His loins, And Faithfulness the belt about His waist. **Isaiah 11:5** 

But put on the Adon (Lord/Master) **OWY37** (Yahusha) HaMashiach, and make no provision for the flesh in regard to its lusts. **Romans 13:14** 

The night is almost gone, and the day is near Therefore let us lay aside the deeds of darkness and put on the Armor of Light. **Romans 13:12** 

Every word of **AYAL** (Yahuah) is tested; He is a Shield to those who take refuge in Him. **Proverbs 30:5** 



Put on the whole Armor of ayal (Yahuah), that you may be able to stand against the wiles of HaSatan (the devil). 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. 13 Therefore take up the Whole Armor of ayal (Yahuah), that you may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having Truth (Torah/Tanakh) (Truth as in Moral, Divine Truth) like a belt around your waist, having put on the Breastplate

of Righteousness, 15 and with your feet fitted with (to bind under) the readiness that comes from the good news of Shalum (Peace); 16 above all, taking the Shield of Amanah (Faith) (Belief/Trust) with which you will be able to quench all the fiery darts of the wicked one.17 And take the Helmet of Salvation, and the Sword of the Ruach (Spirit), which is the Word (Scripture) of ayat (Yahuah);18 praying always with all prayer and supplication in the Ruach (Spirit), being watchful to this end with all perseverance and supplication for all the chosen believers 19 and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the message of the Masiach (Messiah/Gospel) (means: "Proclaim the message of gladness, to proclaim good news), 20 for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak. "Ephesians 6:10-20"

- 1. Stand with your loins girded with the TRUTH (Torah/Tanakh), all of Scripture.
- 2. Put on the BREASTPLATE OF RIGHTEOUSNESS.
- 3. Put on SHOES for the preparation of the GOOD NEWS OF SHALUM (PEACE).
- 4. Above all, take the **SHIELD** of **AMANAH** (**FAITH/TRUST** ) to quench the darts of the wicked.
- 5. And receive the **HELMET** of **SALVATION**.
- 6. And receive the SWORD of The RUACH, which is the WORD of **3Y37** (Yahuah).

These six (6) pieces of Armor can be divided into two (2) categories. The shoes and sword are the offensive weapons. The Breastplate, Shield, and Helmet are the Defensive weapons, while the belt remains neutral.

These offensive weapons and the equally important defensive Armor carefully applied and used skillfully will make you a skillful warrior pulling down strongholds that the enemy may have built in your life. **Isaiah 54:17** proclaims "No weapon that is formed against Him (You) shall prosper."

## Put on the whole Armor of AYAL (Yahuah)

Truth = Hebrew word: Emeth (eh'-meth): means: firmness, faithfulness, truth like a belt around your waist.

All your **Word** (dabar) (Commandments, promises, instructions, words) are true/truth; all your Righteous Judgements are Eternal (Olam). Psalm 119:160

The Word Became Flesh: In the beginning was the Word, and the Word was with Aluah (means God in Hebrew, The greek word for God is Theon), and the Word was Alahym (a god/god's, goddess, divine being, judges, rulers) in Hebrew and Theos (god/gods) in Greek. John 1:1

OWY \$1 (Yahusha) said to him, "I am the way, the Truth (Torah/Tanakh), and the life. No one comes to the Father \$Y\$1 (Yahuah) except through Me.(John 14:6)

OWYAL (Yahusha) said to her, "Woman, believe Me, the hour is coming when you will neither on this mountain, nor in Yerusalem, worship the Father. You worship what you do not know; we know what we worship, for Salvation is of the Hebrews. But the hour is coming, and now is, when the true worshipers will worship the Father in Ruach (spirit) and Truth (Torah/Tanakh); for the Father is seeking such to worship Him.

AYAL (Yahuah) is Ruach (Spirit), and those who worship Him must worship in Ruach (Spirit) and Truth (Torah/Tanakh)." (John 4:21-24)

If you do not have the Ruach HaKodesh, then you are not his (You do not belong to him), therefore you can not worship him in Ruach, because you do not have his Ruach. If you do not believe the Truth (Torah/Tanakh) and believe it is done away with, then you can not worship him in the Truth (Torah/Tanakh) either, thus you will know them by their fruits.

Therefore gird up ("gird, take out slack", "tighten the belt", "girding oneself", (figuratively) getting ready and prepared to move quickly, i.e. where someone needs to go and arrive at without delay), the loins of your mind, be sober (minded) ...meaning "to be conformed to that which is right), and rest your hope fully upon the unmerritted Favor (Grace) that is to be brought to you at the revelation of OWYAL (Yahusha); as obedient children, not conforming yourselves to the former lusts, as in your ignorance; but as He who called you is Kadosh (Holy), you also be Kadosh (Holy) in all your conduct, because it is written, "Be Kadosh (Holy), for I am Kadosh (Holy)." (1 Peter 1:13-16)

### **Breastplate of Righteousness**

Breastplate was an ornament covering the breast of the High Priest, first (1<sup>st</sup>) mentioned in **Exodus 25:7**.

The Hebrew word **choshen**, rendered in the King James Version "Breastplate," Really means a "pouch" or "bag." The references to it are found exclusively in the Priestly Code (Exodus 25:7; Exodus 28; Exodus 28, 29:5; Exodus 28, 35:9, 27; Leviticus 8:8).

The descriptions of its composition and particularly the directions with regard to wearing it are obscure. According to Ezra 2:63 and Nehemiah 7:65 the Urim and Thummim, which were called in the priestly pouch, were lost during the Babylonian exile. The actual pouch was a "span in length and a span in breadth," i.e. about 9 inch square. It was made, like the ephod of "Gold, and fine twined linen of blue, and purple, and scarlet," (Exodus 28:15). In it were twelve (12) precious stones, in rows of four (4), representing the twelve (12) tribes of Yisrael. Apparently the pouch had two (2) rings (perhaps four (4) through which passed two (2) gold chains by which it was fastened to the ephod with clasps. The pouch was worn by the high priest over his heart when he entered the "Kadosh (Holy) place" "for a memorial before \$\frac{3}{3} \frac{3}{4} \text{ (Yahuah)." The presence of the high priest, the representative of the people, with the names of the separate tribes on his person, brought each tribe before the notice of \$\frac{3}{4} \frac{3}{4} \text{ (Yahuah)}

and thereby directed His attention to them. The full designation was choshen mishpaT, "pouch of judgment" or "decision." It was the distinctive symbol of the priest in his capacity as the giver of oracles.

**Righteousness** = Means: tsaddiq (tsad-deek'): just, righteous blameless, innocent

The word Righteous is an abstract word and in order to understand this word from an Hebraic mindset we must uncover its original concrete meaning. One of the best ways to determine the original concrete meaning of a word is to find it being used in a sentence where its concrete meaning can be seen. For example the word yashar is usually translated as upright or righteous (abstracts) but is also translated as "straight". From this we can conclude that a "yashar" is one who walks a straight line. The problem with the word tsadiyq, and its verb form tsadaq, is that there are no uses of this word in its concrete meaning. The next method is to compare how the word in question is paralleled with other Hebrew words as commonly found in the poetical passages of Scripture. Sometimes these parallels will be synonyms and other times antonyms. When we look at the word tsadiyq we find that it is commonly paralleled with the word "rasha". Rasha is usually translated as "wicked" but has a concrete meaning of "to depart from the path and become lost". From this we can conclude that a tsadiyq is one who remains on the path. The path is the way through life which AYAL (Yahuah) has outlined for us in his Word.

Now then, we are ambassadors for Mashiach (Messiah), as though **3732** (Yahuah) were pleading through us: we implore you on Mashiach (Messiah)'s behalf, be reconciled to **3732** (Yahuah). For He made Him who knew no Sin to be Sin for us, that we might become the Righteousness of **3732** (Yahuah) in Him. (2 Corinthians 5:20-21)

## **Good News of the Mashiach of Shalum (Peace)**

Shalum (Peace) Hebrew: means: Completeness, Soundness, Welfare, Peace.

The Hebrew word for "Gospel" is Besorah. It only applies to Yisharal (Israel), ayal (Yahuah)'s Covenant people. The Torah and the Besorah are the same thing. It is the message. We were Commanded /Commissioned to go and teach All nations everything ayal (Yahuah) Commanded Yisharal (Israel) to obey, and immerse them into the Name of the One they are to obey. This immersion into the Name of deliverance, Owyal (Yahusha), is our pledge to live in His Covenant relationship - and it's an eternal relationship. In this way, the "Gentiles" cease to worship idols, and become Yisharalites themselves, through the Covenant (Ephesians 2:8-13).

How then shall they call on Him in whom they have not believed? And how shall they believe in Him of whom they have not heard? And how shall they hear without someone to proclaim it to them? And how shall they proclaim it unless they are sent? As it is written: "How beautiful are the feet of those who proclaim the Messiage of Shalum (Peace), Who bring glad tidings of good things!" (Romans 10:14-15)

How beautiful on the mountains are the feet of the messenger who brings good news, the

good news of Shalum (Peace) and Salvation, the news that the Alahym of Yisrael reigns! Who proclaims Shalum (Peace), Who brings glad tidings of good things, Who proclaims Salvation, Who says to Zion, "Your Alahym reigns!" (**Isaiah 52:7**)

**AYAL** (Yahuah) is good, a stronghold in the day of trouble; and He knows them that trust in Him. **Nahum 1:7** 

Behold, on the mountains the feet of him who brings good tidings, Who proclaims Shalum (Peace)! O Yahudah (Judah), keep your appointed feasts, Perform your vows. For the wicked one (1) shall no more pass through you; He is utterly cut off. (Nahum 1:15)

Baruch (Blessed) are the Peacemakers, For they shall be called sons of **3Y37** (Yahuah). (**Matthew 5:9**)

### Shield of Amanah (Faith)

Clearly, a shield is vitally important to a soldier. It provides a blanket of protection. It is meant to be taken up in all circumstances. It is the first (1st) barrier against the enemy's attack. Belivers who takes up the Shield of Amanah (Faith) identifies themselves as a foot soldier who serves the Commander of **AYAL** (Yahuah)'s army (**Joshua 5:14**).

**Faith,** means: Belief, Trust, Confidence; Fidelity, Faithfulness. Strongs #:H548. **Amanah** = Faith, support. The Hebrew root **Aman** means firm, something that is supported or secure. This word is used in **Isaiah 22:23** for a nail that is fastened to a "secure" place. Derived from this root is the word **Amun** means a craftsman. A craftsman is one who is firm and secure in his talent. Also derived from **Aman** is the word **Amunah** meaning firmness, something or someone that is firm in their actions. Faith is usually perceived as a knowing, while the Hebrew **Amunah** Strong's #:H530 firmness, steadfastness, fidelity a firm action because of Knowing. Faith = **Pistis** Strongs #:G4102. Faith, Belief, Trust, Confidence; Fidelity, Faithfulness.

To have Amanah (Faith) in **3Y32** (Yahuah) is not knowing that **3Y32** (Yahuah) exists or knowing that he will act, rather it is that the one (1) with **Amunah** will act with firmness toward **3Y32** (Yahuah)'s Will.

Hebrews 11:1 says, "Now Faith (Amanah/Pistis Strongs #:G4102. Faith, Belief, Trust, Confidence; Fidelity, Faithfulness) is confidence in what we hope for and assurance about what we do not see." Verse 6 stresses the importance of Amanah/Pistis (Faith): "Without Amanah/Pistis (Faith) it is impossible to please \$\frac{4}{3}\frac{2}{3}\text{ (Yahuah)." HaSatan's attacks can sometimes cause us to doubt \$\frac{4}{3}\frac{2}{3}\text{ (Yahuah). Amanah/Pistis (Faith)} prompts us to believe \$\frac{4}{3}\frac{2}{3}\text{ (Yahuah). We give in to temptation when we believe what it has to offer is better than what \$\frac{4}{3}\frac{2}{3}\text{ (Yahuah) has promised. Amanah/Pistis (Faith)} reminds us that, though fulfillment of \$\frac{4}{3}\frac{2}{3}\text{ (Yahuah)'s promise may not be readily visible to us, \$\frac{4}{3}\frac{2}{3}\text{ (Yahuah) is true to His Word. When HaSatan attempts to plague us with doubt or entice us with instant gratification, Amanah/Pistis (Faith) recognizes the deceptiveness of his tactics and quickly extinguishes the arrows. When HaSatan accuses

us, Amanah/Pistis (Faith) chooses to believe that OWYAT (Yahusha) has redeemed us and that there is no more condemnation (Romans 8:1, 34; Revelation 12:10–12).

Amanah/Pistis (Faith) is one of the Greatest Gifts (1 Corinthians 13:13), and it is the means by which we receive CHEN (Grace) in Hebrew), as it is used in the scriptures, literally means Unmerritted Favor (Grace) and come into right relationship with \$\frac{4}{3}\frac{2}{3}\text{(Yahuah)}\$ (Ephesians 2:8–9). It is because we have been justified through Amanah/Pistis (Faith) that we belong to \$\frac{4}{3}\frac{2}{3}\text{(Yahuah)}\$ and have Shalum (Peace/Rest) with Him (Romans 5:1). Amanah/Pistis (Faith) is the doorway of hope in OWY\$\frac{2}{3}\text{(Yahuah)}\$ (Yahuah) (Romans 5:2).

Because we have **Amanah/Pistis** (Faith) in **AYAL** (Yahuah), our suffering need not faze us; in fact, we can persevere under it (**Romans 5:3–5**). The things HaSatan attempts to use to discourage us can actually become tools in the hands of **AYAL** (Yahuah).

All believers have this promise: "Everyone born of \$Y\$1 (Yahuah) overcomes the world. This is the victory that has overcome the world, even our Amanah/Pistis (Faith)" (1 John 5:4). Amanah/Pistis (Faith) is a protective barrier between us and the schemes of HaSatan. When we believe \$Y\$1 (Yahuah) and take Him at His word, we remain grounded in Truth (Torah/Tanakh), the lies of the enemy lose their power, and we become overcomers. In that way, Amanah/Pistis (Faith) is our Shield.

### **Helmet of Salvation**

Salvation begins in the Mind, thus we need to put on the Helmet of Salvation to protect and renew our minds:

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is the good, acceptable and perfect will of **3Y3Z** (Yahuah). (Romans 12:2)

This I say, therefore, and testify in ayal (Yahuah), that you should no longer walk as the rest of the Gentiles walk, in the futility of their mind, having their understanding darkened, being alienated from the life of ayal (Yahuah), because of the ignorance that is in them, because of the blindness of their Heart; who, have given themselves over to lewdness, to work all uncleanness with greediness. But you have not so learned Mashiach (Messiah), if indeed you have heard Him and have been taught by Him, as the truth is in Owyal (Yahusha): that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the Ruach (Spirit) of your mind, and that you put on the new man which was created according to ayal (Yahuah), in true Righteousness and Kadoshness (Holiness). (Ephesians 4:17-24)

Let this mind/thought be in you, which was also in OWYAZ (Yahusha) HaMashiach, who, being in the form of AYAZ (Yahuah), did not regard/consider equality/being equal with AYAZ (Yahuah) a matter to be grasped., but emptied Himself, taking the form of a Servant, and came to be in the likeness of men. And being found in appearance as a man,

He humbled Himself and became obedient to the point of death, even the death of the Tree/Stake. Therefore **AYAZ** (Yahuah) also has highly exalted Him and given Him the name, which is above every name, that at the name of **OWYAZ** (Yahusha) every knee should bow, of those in Shamyim (Heavens), and of those on earth, and of those under the earth, and that every tongue should confess that **OWYAZ** (Yahusha) is Adon (Master/Lord), to the Esteem (glory) of **AYAZ** (Yahuah) the Father. (**Philippians 2:5-11**)

#### Salvation

But I will offer sacrifices to you with songs of Hallu (Praise), and I will fulfill all my vows. For my Salvation comes from \$\frac{4}{3}\frac{2}{2} (Yahuah) alone." Jonah 2:9

The Salvation of the Righteous comes from **3Y37** (Yahuah); he is their stronghold in time of trouble. **Psalm 37:39** 

**AYAL** (Yahuah) is my Light and my Salvation-- whom shall I fear? **AYAL** (Yahuah) is the stronghold of my life-- of whom shall I be afraid? **Psalm 27:1** 

"Behold, \$Y\$7 (Yahuah) is my Salvation, I will trust and not be afraid; For \$Y\$7 (Yahuah) Aluah (God) is my strength and song, And He has become my Salvation."

Isaiah 12:2

So that everyone who believes in him will have eternal life. For **AYAL** (Yahuah) so loved the world that he gave his one (1) and only Son, that whoever believes in him shall not perish but have eternal life. (**John 3:15-16**)

If you confess with your mouth that OWYAL (Yahusha /Yahuah Saves) is Master and believe in your heart that AYAL (Yahuah) raised him from the dead, you will be given Eternal Life (Saved). For it is with your heart that you believe and are justified, and it is with your mouth that you profess your Amanah (Faith) and are Saved. Romans 10:9-10

But you are not in the flesh, but in the Ruach (Spirit), if indeed the Ruach (Spirit) of ayal (Yahuah) dwells in you; and if any one does not have the Ruach (Spirit) of HaMashiach (The Messiah), this one is not His. Romans 8:9

## Sword of the Ruach (Spirit)

For the Word of **AYAL** (Yahuah) is living and powerful, and sharper than any two (2) edged sword, piercing even to the division of soul and Ruach (Spirit), and of joints and marrow, and is a discerner of the thoughts and intents of the Heart. (**Hebrews 4:12**)

The sword is both an offensive and defensive weapon used by soldiers or warriors. In this case it is a weapon belonging to the Ruach HaKodesh. Swords were used to protect oneself from harm or to attack the enemy to overcome or kill him. In both cases it was necessary for a soldier to get rigid training on the proper use of the sword to get maximum protection.

We know from 2 Timothy 3:16–17 that the Word of **3Y32** (Yahuah) is from the Ruach HaKodesh and written by men. Since every Beleiver is in spiritual battles with evil

forces of this world, we need to know how to handle the Word properly. Only then will it be an effective defense against evil, but it will also be an offensive weapon we use to "demolish strongholds" of error and falsehood.

Because the weapons we use to wage war are not worldly. On the contrary, they have ayal (Yahuah)'s power for demolishing strongholds. We demolish arguments 5 and every arrogance that raises itself up against the knowledge of ayal (Yahuah); we take every thought captive and make it obey HaMashiach (the Messiah). (2 Corinthians 10:4–5).

**AYAL** (Yahuah) refers to His Word as a sword in **Hebrews 4:12**. Here the Word is described as living and active and sharper than a double-edged sword. The Roman sword was commonly made in this manner. The fact that it had two (2) edges made it easier to penetrate, as well as to cut in every way. The idea is that of piercing, or penetrating; the Word of **AYAL** (Yahuah) reaches the "Heart," the very center of action, and lays open the motives and feelings of those it touches.

The purpose of the sword of the Ruach (Spirit), which is Scripture; is to make us strong and enable us to withstand the evil onslaughts of HaSatan, our enemy (**Psalm 119:11, 33–40, 99–105**). The Ruach Hakodesh uses the power of the Word to save souls and then to give them spiritual strength to be mature soldiers for **3Y31** (Yahuah) in fighting this corrupt and evil world we live in. The more we know and understand the Word of **3Y31** (Yahuah), the more useful we will be in doing the will of **3Y31** (Yahuah) and the more effective we will be in standing against the enemy of our souls.

In the beginning was the Word (OWYAL (Yahusha), and the Word (Yahusha) was with Aluah (AYAL (Yahuah), and the Word was Alahym (gods). He (OWYAL (Yahusha) was in the beginning with AYAL (Yahuah). All things were made through Him, and without Him nothing was made that was made. In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it. (John 1:1-5)

AYAL (Yahuah) possessed me at the beginning of His way, Before His works of old. I have been established from everlasting, From the beginning, before there was ever an earth. When there were no depths I was brought forth, When there were no fountains abounding with water. Before the mountains were settled, Before the hills, I was brought forth; While as yet He had not made the earth or the fields, Or the primal dust of the world. When He prepared the Shamyim (Heavens), I was there, When He drew a circle on the face of the deep, When He established the clouds above, When He strengthened the fountains of the deep, When He assigned to the sea its limit, So that the waters would not transgress His Command, When He marked out the foundations of the earth, Then I was beside Him as a master craftsman; And I was daily His delight, Rejoicing always before Him, Rejoicing in His inhabited world, And my delight was with the sons of men. "Now therefore, listen to me, my children, For baruch (blessed) are those who keep my ways. Hear instruction and be wise, And do not disdain it. Baruch (Blessed) is

the man who listens to me, Watching daily at my gates, Waiting at the posts of my doors. For whoever finds me finds life, And obtains favor from **AYAL** (Yahuah); But he who Sins against me wrongs his own Soul; All those who hate me love death." (**Proverbs** 8:22-36)

### **Prayer & Supplication**

We come to **AYAL** (Yahuah) in prayer for a variety of reasons—to worship Him, to confess our Sins and ask for forgiveness, to thank Him for His Barachah (Blessings), to ask for things for ourselves, and/or to pray for the needs of others. The Hebrew and Greek words most often translated "supplication" in Scripture literally means: "a request or petition," so a prayer of supplication is asking **AYAL** (Yahuah) for something. Unlike the prayer of petition, which is praying on behalf of others, the prayer of supplication is generally a request for the person praying.

Scripture includes many prayers of supplication. Numerous examples are found in the Psalms. David's psalms are filled with supplication for mercy in **Psalm 4:1**, for leading in **Psalm 5:8**, for deliverance in **Psalm 6:4**, for salvation from persecution in **Psalm 7:1**, and so on. When Daniel learned that King Darius had issued an edict prohibiting prayer to any god but the king, Daniel continued to pray to **AYAT** (Yahuah) with prayers of thanksgiving as well as prayers of supplication for His help in this dire situation.

In the Brit Haddashah (New Testament), OWYAL (Yahusha) tells us to ask for our daily bread in Matthew 6:11, which falls into the category of a prayer of supplication. In addition, in Luke 18:1-8, OWYAL (Yahusha) teaches us not to give up praying for what we need. James says that on the one hand we don't receive because we don't ask (James 4:2). On the other hand, we ask and don't receive because we are thinking only of our fleshly desires (James 4:3). Perhaps the best way to approach supplications is to ask AYAL (Yahuah) in all honesty as children talking to their kind-hearted Father, but ending with "Your will be done" (Matthew 26:39), in full surrender to His will.

After describing the need to take up the "full Armor of AYAL (Yahuah)" (Ephesians 6:13-17), the apostle Paul exhorted the Ephesians (and us) to remain alert and to pray in the Ruach (Spirit), "making supplication for all the Chosen Believers" (Ephesians 6:18). Clearly, prayers of supplication are part of the spiritual battle all Believers are engaged in. Paul further exhorts the Philippian church to relieve their anxieties by remaining faithful in prayer, especially prayers of thanksgiving and supplication. This, he concludes, is the formula for ensuring that "the Shalum (Peace) of AYAL (Yahuah), which passes all understanding, will guard your hearts and your minds in OWYAL (Yahusha) HaMashiach" (Philippians 4:6-7).

Here we see another crucial aspect of the prayer of supplication—the necessity of Amanah (faith) in OWYAL (Yahusha). Those who belong to Mashiach (Messiah) also have the indwelling Ruach HaKodesh who intercedes on our behalf. Because we often don't know what or how to pray when we approach AYAL (Yahuah), the Ruach (Spirit)

intercedes and prays for us, interpreting our supplications so that, when we are overwhelmed by trials and the cares of life, He comes alongside to lend assistance with our prayers of supplication as He sustains us before the throne of unmerritted Favor (grace) (Romans 8:26).

OWYAL (Yahusha) spoke these words, lifted up His eyes to Shamyim (Heavens), and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true Aluah, and OWYAL (Yahusha) whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was. (John 17:1-5)

"I have manifested Your Name **3Y37** (Yahuah) to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your Word (Torah/Tahakh). Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me. "I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Kadosh (Holy) Father, keep through Your name ayaz (Yahuah) those whom You have given Me, that they may be one (1) as We are. While I was with them in the world, I kept them in Your name (3Y32 (Yahuah). Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves. I have given them Your Word (Torah/Tanakh); and the world has hated them because they are not of the world, just as I am not of the world. I do not pray that You should take them out of the world, but that You should keep them from the evil one. They are not of the world, just as I am not of the world. Sanctify them by Your Truth (Torah/Tanakh). Your Word (Torah/Tanakh) is Truth. As You sent Me into the world, I also have sent them into the world. And for their sakes I sanctify Myself, that they also may be sanctified by the Truth. (John 17:6-**19**)

"I do not pray for these alone, but also for those who will believe in Me through their Word (Torah/Tanakh); that they all may be one (1), as You, Father, are in Me, and I in You; that they also may be one (1) in Us, that the world may believe that You sent Me. And the glory which You gave Me I have given them, that they may be one (1) just as We are one (1): I in them, and You in Me; that they may be made perfect in one (1), and that the world may know that You have sent Me, and have loved them as You have loved Me. "Father, I desire that they also whom You gave Me may be with Me where I am, that they may behold My Esteem (glory) which You have given Me; for You loved Me

before the foundation of the world. O Righteous Father! The world has not known You, but I have known You; and these have known that You sent Me. And I have declared to them Your name **3Y37** (Yahuah), and will declare it, that the love with which You loved Me may be in them, and I in them." (**John 17:20-26**)

### In the Name of Yahuah, Yahusha, and the Ruach Hakodesh

And OWYAL (Yahusha) came and spoke to them, saying, "All authority has been given to Me in shamyim (heavens) and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father AYAL (Yahuah) and of the Son OWYAL (Yahusha) and of the Ruach Hakodesh, teaching them to observe all things that I have commanded you; and know, I am with you always, even to the end of the age." Aman. (Matthew 28:18-20)

# Putting on the Armor of AYAL (Yahuah) prayer:

**AYAL** (Yahuah) I am putting on your full armor of protection, so that I can stand firm against all the attacks of HaSatan (the devil).

Father, help me to remember that I do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

**AYAL** (Yahuah) I put on Your belt of truth that I can stand firm that You are the way the truth and the life. Today, I choose to believe Your truth and who I am as a child of **AYAL** (Yahuah). Ruach Ha Kodesh, lead and guide my thoughts and Help me to make wise decisions today based upon Your Word. Help me to speak the truth in love to myself and to others. Let Your truth prevail in all things.

Thank you Father for Your Breastplate of Righteousness. I put it on and it will protect me throughout the day. I remove any thoughts of self-righteousness that would glorify me and distract me from the finished work that **OWY** (Yahusha) did on the tree. Help me to keep my heart clean and pure before you and to use the Breastplate of Righteousness to resist sin and self indulgence.

Thank You Father for Your good news of Shalum (Peace) to me and to the world. I put on Your Messiage of Shalum (Peace) that I might share it with everyone I come in contact with. May my footsteps be secure, lead and protected today! Prepare me to speak with wisdom about Your love and the Barachah (Blessings) you have in store for the upright. Help me to live in Shalum (Peace) and walk as a Peacemaker.

I thank You that You are my shield of Amanah (Faith), You are trustworthy in all things and because of this I can trust what I can not see. Your promises give me Amanah (Faith) and you OWYAL (Yahusha), art a shield for me; my Esteem (glory), and the lifter up of mine head. I choose to please You today with all my actions, words and thoughts as I put my hope in You as my Mashiach (Messiah), Savior, Provider and Protector.

Though I don't always see what You have in store and don't always understand what you

are doing, I am forever secure in You. Today, I will sow seeds of Amanah (Faith) that will result in miracles and Barachah (Blessings).

Thank You Father for saving me from the wages of Sin and Death. I receive your gift of Salvation, Deliverance and Healing. I have the mind of **OWYAL** (Yahusha) and I can do all things through **OWYAL** (Yahusha) who strengthens me. Help me to think pure thoughts and to remember to Hallu (Praise) You and glorify You for making me a new creation.

Make my mind new and help me not to be ignorant of the plans of the enemy. With the Helmet of Salvation, I have the mind of **OWYAL** (Yahusha) and reject the plans of the enemy.

Father, I pick up the Sword of the Ruach (Spirit) which is your Word. Let no evil come off my tongue to speak death or destruction. Help me to speak only Your Words of Truth, Life and Barachah (Blessings), so that I may Build, Encourage and Love others and Myself.

Thank You father for the weapon of Your Word and Your Ruach. When the enemy comes to steal, kill or destroy me or those I love, quicken Scripture to me so that I can stand and fight the spiritual battle. May my sword, your Word be fully exercised to defeat the enemy today!

Lastly Father Give me Your discernment to know immediately the negative thoughts and lies that HaSatan (the devil) sows in my mind. Help me to have only thoughts and words that are from you and give me the eyes of the Ruach (spirit) to see how You see me and the things of the Ruach (spirit).

I ask all this in Your son's most precious and Set Apart name **OWYAL** (Yahusha), AMAN!!

It is recommended you pray this over your life and your family daily!